

**Preoperative Surgical Instructions**

**Dr. Matthew J. Karavos**

**905-940-5229**

1. Wear loose comfortable clothing, preferably not white.
2. If you are at all apprehensive, have someone accompany you to your appointment and drive you home if required.
3. Have plenty of rest the night before.
4. Eat a light meal 4-6 hours prior to your appointment.
5. Ensure you understand the procedure to be performed. If in doubt please ask us to review the procedure and we will be pleased to discuss the treatment with you.
6. If you will be having sedation, follow the sedation instructions.
7. Do not take any medications prior to your appointment unless instructed to do so. Avoid alcohol and drugs not regularly taken or prescribed to you by the dentist.
8. If you have any questions, please contact the office at 905-940-5229.